# Co°ism Elementals

**An Overview** 



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Hello,

what you have in your hands is a basic overview of Co°ism - An elemental value system within the atlantis° Initiative.

It's present status is as a category list to serve as a framework for thoughts, concepts and objectives.

If you are reading this, then I believe you have something to do with it. I also believe that we are connected, and that we have an "operational mission" on this planet to fulfil: To support the upgrade of humankind.

atlantis° needs your support: Please go inside yourself and ask how you can help and follow your intuition.

Please feel free to reach out and contact me at any time.

Wishing you an interesting read and lots of *flove* (of flow, flux of good energy, the flow of love).

Ian Williams

Berlin, 12th September 2022

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## 1 Introduction

#### 1.1 The Framework

co°ism (also written coism, co'ism) is a value framework within the atlantis° initiative. It relates to things we do with each others such as co'operation, co'sharing, co'mmunicating, co'working, co'living, etc. The purpose of the framework is to act as a holder for ideas/concepts, for the definition of objectives.

### 1.2 This Brochure

#### **1.2.1 WHAT IT CONTAINS**

This brochure is an overview of the Elementals - or parts - of the co°ismFramework.

#### **1.2.2 THE WHY**

Bundling them together in a separate document allows them to be shared, discussed, referenced and be tracked.

#### **1.2.3 STATUS**

The framework and the description of elementals are in a state of development.

#### 1.2.4 STYLE AND WHO IT IS FOR

The style used in this brochure is more of a casual, informal style. It is for everybody who has interest in the atlantean fundamentals.

#### **1.2.5 CHANGES**

Changes please to:

• Editor team email: docs@almasis.com

## 1.3 Symbols / Speak

Within this document words are used as a symbol for a thought, a concept, an idea. Due to the limitations of our language, some symbols have multiple meanings, with visual and perhaps "negative" emotional anchors. An example is the word "God" - For some it is the divine, for others it is an old man on a throne who throws people into hell. There are also concepts which the Egi - the chatter box within - also called the Ego or innervoice which is constantly on air -will not like. Depending on your cultural background, your religious upbringing, your education or experience, these concepts might cause the Egi to provoke a strong negative reaction within you. Please remember this whilst reading, to look past the symbol for the contextual meaning, to read the document from a neutral point of view without judgement, with equanimity. Follow your intuition or gut feelings.

## 1.4 Other Resources

### **OTHER DOCUMENTS**

The following documents might be of interest:

Title		ItemID	Team	Link
atlantis° - Conceptual	en	it11013064	r°Rise	<u>link</u>
atlantis° - Why	en	it11013066	r°Rise	<u>link</u>
atlantis° - Objectives	en	it11013068	r°Rise	<u>link</u>
atlantis° - Services (Shorts)	en	it11013063	coWorld	<u>link</u>
atlantis° - Scopes	en	it11013067	coWorld	<u>link</u>
atlantis° - Wishlies	en	it11013072	atlantis°Today	<u>link</u>
r°Rise - Core Directives	en	it11013019	r°Rise	<u>link</u>
r° - Awareness	en	it11013065	cverse°Center	<u>link</u>
co°ism - Elementals	en	it11013071	almasis	<u>link</u>

where "en" = English, "de" = German.

#### **WEB RESOURCES**

- atlantis°Today: The magazine The front face of atlantis°. https://atlantis.today
- r°Some: For information about the (awe) rsome r°, r1 and r2 mindset shifting. https://rsome.org
- coWorld: Coordinating services for atlantis°. <a href="https://coworld.org">https://coworld.org</a>

### 2 General

### 2.1 What is it?

co°ism is a framework of values - of how we personally and socially operate with each other - broken down in to parts, which are called Flementals

### 2.2 Where did it come from

co°ism was born during the definition of the atlantis° objectives. The rise of r° with its black and white definition of reality (r1 and r2) also meant that a persons and societies values will change with time. It became obvious that an underlying value framework was needed.

The name came from the "co" things such as co'working, co'operation, co'living.

## 2.3 Creating A Value Framework

atlantis° started off by being built around the r°Rise Core Directives.

The following topics within that scope emerged:

awareness or reality, of being, habitation, culture as identity and for growth, brotherhhood/communication/exchange, creating/gestalt

To kickstart the value framework, these topics where chosen as the primary group classification or Core Elementals.

## 2.4 Core Elemental Groups

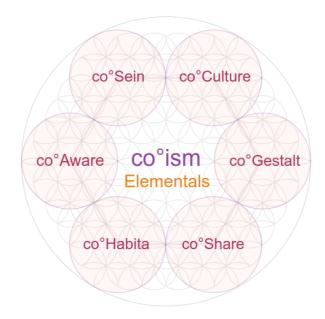
co°ism is built around the following core elemental groups:

- co°Aware for awareness
- co°Sein for being
- co°Habita for living together, habitation
- co°Culture
- co°Share for brotherhood, communication, exchange
- co°Gestalt for creating

### 2.5 Presentation

Some of the values within the elemental groups are shared with other groups. To represent this overlapping we use the *flower of life* symbol.

## 3 The Groups



## 3.1 co°Aware

### 3.1.1 DESCRIPTION

Values, in reference to the self, the universe, and within society.

#### **3.1.2 TAGS**

r°, age of realities, AoR, virtual, metaverse.

## 3.2 co°Sein

#### 3.2.1 DESCRIPTION

Values for the individual within themselves, of being. "Sein" is German for being.

### **3.2.2 TAGS**

empowerment, think Me, identiful, emosics.

## 3.3 co°Habita

#### 3.3.1 DESCRIPTION

Values for being with each other, within the partnership, the family, the community. "Habita" is the shortened form of habitation.

#### **3.3.2 TAGS**

living, working, r2, community, c10, oneship, colive, ritually, peaceville, peaceville Corps.

## 3.4 co°Culture

### 3.4.1 DESCRIPTION

Values within the scope of culture - of creating, using, embedding, mixing, synergie, in creating uniqueness.

#### **3.4.2 TAGS**

identity, identiful, culture, regioplex, regions, tribe, diversity, organic growth.

## 3.5 co°Share

### 3.5.1 DESCRIPTION

Values for a humanised interchange between individuals, for global understanding, brotherhood, respect, tolerance, sharing.

#### **3.5.2 TAGS**

pair, family, team, society, community, organisation, migration, universal, manners, etiquette, NICE2, colish, coverse.

## 3.6 co°Gestalt

### 3.6.1 DESCRIPTION

Values within the scope of creating a better world using passion and thought. "Gestalt" comes from the German for creating.

#### 3.6.2 TAGS

cleaning, healing, forgiveness, systemic, family constellation work, syscoe, vyombo.